

**School of Hairdressing and Applied Therapies**

**Level 1 Diploma in the introduction to the Hair and Beauty sector**



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| **Name:** **Group:****Date of completion:****Tutor signature:** |

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| **Question** | **√ or X** |
| **Q1** |  |
| **Q2** |  |
| **Q3** |  |

**Literacy Alert:**

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| ***Q1. State the correct procedure for client preparation.*** |
| * **Ensure you have provided a detailed consultation.**
* **Checked for contra-indications.**
* **Agreed a treatment plan with the client,**
* **Talk through the treatment step-by-step to ensure the client knows what to expect.**
* **Allow the client time to undress and get comfortable on the couch. Remove any jewellery in the treatment area. Apply a headband to protect the client’s hair.**
 |
| ***Q2. State and BRIEFLY describe the main characteristics of each skin type*** |
| * **Dry**
* **Oily**
* **Combination**
* **Mature**
* **Sensitive**

**Handout on skin types given in first lesson.** |
| ***Q3. Why is it important to give a skin analysis before beginning treatment?*** |
| **To determine the client’s skin type, to ensure we are using the correct products and the client is having the correct treatment for their skin type.** |