

Egwyddorion a Gwerthoedd Gofal, Chwarae, Dysgu a Datblygiad Plant (0-19 oed)
Principles and Values of Children's Care, Play, Learning and Development (0-19 years of age)

Geirfa Allweddol | Glossary

deddfwriaeth	legislation
polisiau cenedlaethol	national policies
fframweithiau	frameworks
egwyddorion	principles
cod ymddygiad	code of conduct
ymarfer proffesiynol	professional practice
cydraddoldeb	equality
amrywiaeth	diversity
cynhwysiant	inclusion
gwahaniaethu	discrimination
dulliau plentyn ganolog	child-centred approaches
gweithio ar y cyd	joint working
asesu risg a budd	risk benefit assessment
canlyniadau cadarnhaol	positive outcomes
llesiant	well-being
cyfathrebu effeithiol	effective communication
ffiniau proffesiynol	professional boundaries
dulliau cadarnhaol	positive approaches
trawsnewid	transitions



Iechyd, Llesiant, Dysgu a Datblygu
 Health, Well-Being, Learning and Development

Geirfa Allweddol | Glossary

ymlyniad	attachment
gwydnwch	resilience
datblygiad cyfannol	holistic development
fframweithiau datblygu ac asesu	development and assessment frameworks
egwyddorion gwaith chwarae	playwork principles
anghenion cefnogi ychwanegol	additional support needs
arferion gofal corfforol	physical care routines
maeth a hydradu	nutrition and hydration
rhoi meddyginiaeth	administration of medication
diogelu	safeguarding



Ymarfer Proffesiynol fel Gweithiwr Blynyddoedd Cynnar a Gofal Plant
Professional Practice as an Early Years and Childcare Worker

Geirfa Allweddol | Glossary

cyfrifoldeb	responsibility
atebolrwydd	accountability
polisiau a gweithdrefnau	policies and procedures
codau ymddygiad ac ymarfer proffesiynol	codes of conduct and professional practice
amlasiantaethol	multi-agency
trin gwybodaeth	handling information
diogelu data	data protection
cyfrinachedd	confidentiality
systemau diogel	secure systems
cofnodi a storio gwybodaeth	recording and storing information
datblygiad proffesiynol parhaus	continuous professional development
goruchwylio ac arfarnu	supervision and appraisal
ymarfer myfyriol	reflective practice
sgiliau cymhwysedd digidol	digital competency skills



Diogelu Plant
 Safeguarding Children

Geirfa Allweddol | Glossary

diogelu	safeguarding
e-ddiogelwch	e-safety
cam-drin	abuse
esgeulustod	neglect
codau ymddygiad ac ymarfer proffesiynol	codes of conduct and professional practice
eiriolaeth	advocacy
ymarfer plentyn ganolog ym maes diogelu	child-centred practice in safeguarding
ymddygiad tramgwyddwyr	perpetrator behaviour
meithrin perthynas amhriodol	grooming
methiannau i ddiogelu	failures to protect
profiadau andwyol mewn plentyndod	adverse childhood experiences
cam-drin domestig	domestic abuse
ymateb, cofnodi a rhoi gwybod am bryderon	respond, record and report concerns
datgeliad	disclosure
honiad	allegation
chwythu'r chwiban	whistleblowing
rhoi gwybod am bryderon barn a dyfarniad	raising concerns opinion and judgement



Iechyd a Diogelwch mewn Gofal, Chwarae, Dysgu a Datblygiad Plant
Health and Safety in Children's Care, Play, Learning and Development

Geirfa Allweddol | Glossary

diogelwch yn y gweithle cyfrifoldebau cyflogwyr	safety in the workplace responsibilities of employers
damweiniau, digwyddiadau ac argyfyngau	accidents, incidents, and emergencies
asesiad risg	risk assessment
diogelwch tân	fire safety
symud a chario	moving and handling
symud a lleoli	moving and positioning
bacteria, firysau, ffyngau a pharasitiaid	bacteria, viruses, fungi and parasites
techneg golchi dwylo	hand washing technique
cyfarpar diogelu personol	personal protective equipment
cofnodi a rhoi gwybod am heintiau	recording and reporting incidents of infections
diogelwch bwyd	food safety
peryglon diogelwch bwyd	food safety hazards
paratoi bwyd	food preparation
gwaredu gwastraff bwyd yn ddiogel	safe disposal of food waste
sylweddau peryglus	hazardous substances
rheoli sylweddau peryglus i iechyd	control of substances hazardous to health
gweithio ar eich pen eich hun	lone working
dangosyddion straen	indicators of stress

