

TASGAU ASESU

ASSESSMENT TASKS

UNED 002:

IECHYD, LLESIANT, DYSGU A DABLYGU

UNIT 002:

HEALTH, WEEL-BEING, LEARNING AND DEVELOPMENT

DEILLIANT DYSGU 3

Deall rôl chwarae wrth gefnogi iechyd, llesiant, dysgu a datblygiad plant.

LEARNING OUTCOME 3

Understand the role of play in supporting the health, well-being, learning and development of children.

Enw/Name: _____

Dyddiad/Date: _____

ENW:

TASG MEINI PRAWF 3.1

Esboniwch beth yw ystyr y term egwyddorion gwaith chwarae (playwork principles)?

TASK FOR ASSESMENT CRITERIA 3.1

Explain what the term playwork principles mean?

TASG MEINI PRAWF 3.2

Esboniwch bwysigrwydd chwarae (play) er mwyn cefnogi iechyd (health), llesiant (well-being), dysgu (learning) a datblygiad (development) plant. Ymchwiliwch ac ystyriwch eich arsylwadau o'ch profiadau lleoliad gwaith.

TASK FOR ASSESMENT CRITERIA 3.2

Explain the importance of play (chwarae) for children's health (iechyd), well-being (llesiant), learning (dysgu) and development (datblygiad). Research and consider your observations from your workplace experiences.

ENW:

TASG MEINI PRAWF 3.3

Beth ydy rôl 'chwarae' i blentyn, wrth ddeall ei hun? Ymchwiliwch ac ystyriwch eich arsylwadau o'ch profiadau lleoliad gwaith.

TASK FOR ASSESMENT CRITERIA 3.3

What is the role 'play' has in a child's understanding (deall) of themselves? Research and consider your observations from your workplace experiences.

TASG MEINI PRAWF 3.4

Esboniwch y gwahanol (different) fathau (types) o chwarae (play) a'u manteision (benefit). Ymchwiliwch ac ystyriwch eich arsylwadau o'ch profiadau lleoliad gwaith.

TASK FOR ASSESMENT CRITERIA 3.4

Explain the different (gwahanol) types (mathau) of play (chwarae) and their benefit (mantis). Research and consider your observations from your workplace experiences.

TASG MEINI PRAWF 3.5

Sut mae'r amgylchedd (environment) a'r dewis (choice) o gyfarpar (equipment) a deunyddiau (materials) yn cael eu defnyddio i gefnogi (support) chwarae (play)? Ymchwiliwch ac ystyriwch eich arsylwadau o'ch profiadau lleoliad gwaith.

TASK FOR ASSESMENT CRITERIA 3.5

How does the use of the environment (amgylchedd) and choice (dewis) of equipment (cyfarpar) and materials (deunyddiau) support (cefnogi) play (chwarae)? Research and consider your observations from your workplace experiences.

ENW:

TASG MEINI PRAWF 3.6

Sut gallwch chi gefnogi (support) datblygiad (development) cyfannol (holistic) drwy chwarae (play)? Ystyriwch eich profiadau yn eich lleoliad gwaith. Ymchwiliwch ac ystyriwch eich arsylwadau o'ch profiadau lleoliad gwaith.

TASK FOR ASSESMENT CRITERIA 3.6

How can you support (cefnogi) holistic (cyfannol) development (datblygiad) through play (chwarae)? Consider your workplace experiences. Research and consider your observations from your workplace experiences.

ENW:

TASG MEINI PRAWF 3.7

Esboniwch sut mae chwarae yn helpu plant i ddysgu (learn) amdanyn nhw eu hunain, y rhai o'u cwmpas a'r amgylchedd (environment) ehangach (wider)? Ymchwiliwch ac ystyriwch eich arsylwadau o'ch profiadau lleoliad gwaith.

TASK FOR ASSESMENT CRITERIA 3.7

Explain how play assists children's learning (dysgu) about themselves, those around them and the wider (ehangach) environment (amgylchedd). Research and consider your observations from your workplace experiences.

ENW:

TASG MEINI PRAWF 3.8

Trafodwch sut mae plant yn gallu defnyddio chwarae i fynegi (express) emosiwn (emotion), ofn (fear), gorbryder (anxiety) neu gopiio ymddygiad (behaviour) maen nhw wedi'i weld. Ystyriwch eich arsylwadau o'ch lleoliad gwaith.

TASK FOR ASSESMENT CRITERIA 3.8

Discuss how children may use play to express (mynegi) emotions (emosiwn), fear (ofn), anxieties (gorbryder) or copy behaviour (ymddygiad) they have observed. Include observations you may have from your work placement.

ENW:

TASG MEINI PRAWF 3.9

Esboniwch sut i gynnwys (involve) plant wrth greu (create) gwahanol fathau o fannau chwarae (play spaces). Ymchwiliwch ac ystyriwch eich arsylwadau o'ch profiadau lleoliad gwaith.

TASK FOR ASSESMENT CRITERIA 3.9

Explain how to involve (cynnwys) children in the creation (creu) of different types of play spaces (mannau chwarae). Research and consider your observations from your workplace experiences.

ENW:

TASG MEINI PRAWF 3.10

Trafodwch sut i nodi p'un a yw man chwarae (play space) yn ysgogol (stimulating), yn heriol (challenging), yn ymlaciol (relaxing) neu'n dawel (restful) Sut fydddech yn mynd ati i greu map neu ddiagram o'ch lleoliad gwaith sy'n nodi'r ardaloedd yma?

TASK FOR ASSESMENT CRITERIA 3.10

Discuss how to identify if a play space (man chwarae) is stimulating (ysgogol), challenging (heriol), restful (tawel) or relaxing (ymlaciol). How would you go about designing a map or a diagram to illustrate these areas at your work placement?

TASG MEINI PRAWF 3.11

Eglurwch pam mae risg yn bwysig wrth chwarae a sut i annog, a chefnogi lefelau derbyniol o risg. Ymchwiliwch ac ystyriwch eich arsylwadau o'ch profiadau lleoliad gwaith.

TASK FOR ASSESMENT CRITERIA 3.11

Explain why risk is important in play and how to encourage, and support acceptable levels of risk. Research and consider your observations from your workplace experiences.

ENW:

TASG MEINI PRAWF 3.12

Sut gallwch chi gydbwyso (balance) cymryd risgiau (risk-taking) â manteision (benefits) datblygiadol (developmental) iechyd (health), llesiant (wellbeing) , dysgu (learning) a datblygiad (development) plant. Ymchwiliwch ac ystyriwch eich arsylwadau o'ch profiadau lleoliad gwaith.

TASK FOR ASSESMENT CRITERIA 3.12

How can you balance (cydbwyso) risk-taking (cymryd risgiau) with the developmental (datblygiadol) benefits (manteision) to children's health (iechyd), wellbeing (llesiant), learning (dysgu) and development (datblygiad)? Research and consider your observations from your workplace experiences.