**Tasg enghreifftiol ar gyfer Cwrs Lefel 2 Iechyd a Gofal Cymdeithasol: Craidd**

***Task example for Level 2 Health and Social Care: Core Course***

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| **Uned 005 : Ymarfer Proffesiynol fel gweithiwr iechyd a gofal cymdeithasol**  **Deilliant dysgu: 6.0**  Mae Cod Ymarfer Proffesiynol Gofal Cymdeithasol yn nodi gofyniad i weithwyr gofal cymdeithasol fod ‘*yn atebol am ansawdd eich gwaith a chymryd cyfrifoldeb dros gynnal a datblygu gwybodaeth a sgiliau’*.  **Gweithgaredd 1**   * Rydych chi bron â gorffen eich Cwrs Craidd Lefel 2 mewn Iechyd a Gofal Cymdeithasol. * Yn gyntaf, gwnewch restr o’ch rhinweddau a’r sgiliau yr ydych chi wedi’u datblygu ar y cwrs, naill ai yn y dosbarth neu yn y gweithle a nodwch sut maen nhw’n eich helpu ym maes iechyd a gofal. * Yna, ystyriwch a oes unrhyw fylchau yn eich profiad neu wybodaeth hyd yma.  Sut allwch chi fynd ati i lenwi’r bylchau? * Defnyddiwch y ddolen isod i Becyn DPP Gofal Cymdeithasol Cymru i gasglu gwybodaeth i greu llinell amser o’r DPP yr hoffech chi ei gwblhau yn y pum mlynedd nesaf: [Pecyn DPP Gofal Cymdeithasol Cymru](https://gofalcymdeithasol.cymru/cms_assets/file-uploads/CPD-toolkit-for-social-care-CYMv01.pdf)   Er mwyn gwahaniaethu rhwng y lefelau gallu ieithyddol ac i annog y dysgwyr i ddefnyddio’r Gymraeg gallech osod y gofynion canlynol:  **Ymwybyddiaeth**  Cwblhau’r dasg yn Saesneg ond dylid annog myfyrwyr i gynnwys cwrs lefel mynediad yn y Gymraeg fel rhan o’u cynllun.  **Dealltwriaeth**  Gall y myfyrwyr hyn gwblhau’r dasg yn Saesneg ond gallant gynnwys rhaglen fel [Prentis-Iaith (porth.ac.uk)](https://www.porth.ac.uk/cy/collection/prentis-iaith) yn eu cynllun.  **Hyder**  Dylid annog y myfyrwyr i restru eu sgiliau a’u rhinweddau yn ddwyieithog neu yn Gymraeg gan ddefnyddio [Cysgliad](https://www.cysgliad.com/cy/trwydded-am-ddim/) neu [Ap Geiriaduron](https://www.bangor.ac.uk/canolfanbedwyr/ap_geiriaduron.php.en).  **Rhuglder**  Cwblhau’r dasg yn Gymraeg. | ***Unit 005: Professional Practice as a health and social care worker***  ***Learning Outcome: 6.0***  *The Code of Professional Practice for Social Care sets out a requirement for social care workers to ‘be accountable for the quality of your work and take responsibility for maintaining and improving your knowledge and skills’.*  ***Activity 1***   * *You have almost completed your Level 2 Core Health and Social Care course.* * *First, make a list of your qualities and the skills you have developed on the course, either in the classroom or the workplace, and note how they support you in the field of health and social care.* * *Then, consider whether there are any gaps in your experience or knowledge to date. How can you plan to fill the gaps?* * *Use the link to the Social Care Wales CPD toolkit below to collect information to create a timeline of potential CPD you would like to complete in the next five years:*[*CCPD Toolkit Social Care Wales*](https://socialcare.wales/cms_assets/file-uploads/CCPD-toolkit-for-social-care-ENGv01.pdf)   *To differentiate between the language ability levels and to encourage learners to use the Welsh language you could set the following requirements:*  ***Awareness***  *Complete the task in English but learners should be encouraged to include an entry level course in Welsh in their plan.*  ***Understanding***  *These learners can complete the task in English but can include* [*Prentis-Iaith (porth.ac.uk)*](https://www.porth.ac.uk/cy/collection/prentis-iaith) *in their plan.*  ***Confidence***  *These learners should be encouraged to list their skills and knowledge bilingually or in Welsh by using* [*Cysgliad*](https://www.cysgliad.com/cy/trwydded-am-ddim/)*or* [*Ap Geiriaduron*](https://www.bangor.ac.uk/canolfanbedwyr/ap_geiriaduron.php.en)*.*  ***Fluency***  *Complete the task in Welsh.* |