



GEIRFA TECHNOLEG TECSTILIAU

TECHNOLOGY TEXTILES VOCABULARY

Adornment/Decoration **Addurn**

Appliqúe Applique **Brodwaith Embroidery** Cwiltio Quilting Delwedd Image Edafedd Yarn Edau Thread **Ffabrig** Fabric **Ffasneri** Fasteners Gleiniau Beads Gwead Texture Gwnio Sewing

Lwfans sêm Seam allowance

Nodwydd Needle **Patrwm** Pattern

Peiriant Gwnio Sewing Machine

Pinnau Pins **Pwythau** Stitches Rhuban Ribbon Secwingu Sequins Sialc teiliwr Tailor's chalk

Siswrn Scissors















GEIRFA ADDYSG GORFFORL

PHYSICAL EDUCATION **VOCABULARY**

Hoci

Cylch Cylch saethu Ffon/Ffyn Gôl geidwad Hanerwr **Hanerwr** chwith Hanerwr de **Hanner ffordd** Llinell gefn Llinell ystlys **Mewnwr chwith** Mewnwr de Pyst gôl **Trosedd**

Nofio

Cymysg unigol **Dull broga Dull cefn Dull rhydd Naid stradl** Ochr Pili Pala **Plymio** Pwll Ras gyfnewid

Hockey

Circle

Striking circle Stick/Sticks **Goal keeper** Centre half Left half **Right half** Halfway **Back line** Side line **Left inner** Right inner **Goal posts** Foul

Swimming

Individual medley Breast stroke Back stroke Front crawl Straddle jump Side **Butterfly** Dive Pool **Relay race**

Criced

Bat criced Bowliad hyd byr Bowliad hyd da **Bowlio dros ysgwydd** Bowliwr Coes o flaen wiced Daliad **Dyfarnwr Ergyd amddiffynnol** Maeswr **Padiau** criced Pelawd Pêl-lydan Troellwr Wicedi Wicedwr Y ffîn Y llain

Pêl-Rwyd

Asgell amddiffyn Asgell ymosod Canolwr Cylch Gôl amddiffyn Gôl geidwad **Gôl saethwr** Gôl vmosod Llinell gefn Llinell ochr Pas frest

Cricket

Cricket bat Short length ball Good length ball **Bowl over arm** Bowler LBW Catch **Umpire Defensive shot** Fielder Cricket pads Over Wide ball Spin bowler Wickets/stumps Wicket keeper **Boudary** The wicket

Netball

Wing defence Wing attack Centre Circle Goal defence Goal keeper **Goal shooter Goal attack Back line** Side line Chest pass

















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Pêl-Rwyd

Pas isel Pas rydd Pas ysgwydd Rhwyd Rhwystrad Rhyng-gipio Safle Tafliad i fyny Tair troedfedd **Traean Trydydd canol**

Gymnasteg

Trydydd gôl

Anghymesuredd Byrfraich Chwarter troad Cylchdroi Cymesuredd Cymorth Dilvniant Ehediad Eisteddiad "V" **Estyniad y traed** Fflic fflac Gofod Llawsafiad Llofnaid Naid ar led Naid peic Naid seren

Netball

Low pass Free pass **Shoulder pass** Net **Obstruction** To intercept Position Toss up Three feet A third **Centre third** Goal third

Gymnastics

Asymmetry Press up **Quarter turn** Rotate **Symmetry Support** Sequence Flight "V" seat **Feet extended** Flick flack Space Handstand Vault Straddle jump Pike jump Star jump

Gymnasteg

Naid twc Olwyn gart **Pensafiad** Pont Rôl ymlaen Rôl yn ôl **Sbring arab** Sbring llaw Sbring pen Siap y corff Trosben **Trwvddo Ymestvn** Ymwybyddiaeth o wagle Yn grwn **Ystwyth**

Rygbi

Asgell Bachwr Blaenasgellwyr Blaenwyr Cais Cefnwyr Cic gosb **Dyfarnwr** Llimanwr Llinell Olwyr Pen tynn Pen-rhydd Sarvm **Trosiad**

Gymnastics

Tuck jump Cartwheel Headstand Bridge Forward roll **Backward roll** Arab spring **Hand spring Head spring Body shape** Somersault Through Stretch Space awareness Rounded Agile

Rugby

Wing Hooker **Flankers Forewards** Try Backs **Penalty kick** Referee Linesman Line out Half backs **Tight head** Loose head Scrum Conversion 2

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Pêl-Droed

Amddiffynwyr Asgellwr Blaen ymosodwr Camochri Canol cae Cefnogwyr Cic gornel Cornel **Ergyd** Llumanwr Rhwyd Ymosodwyr

Football

Defenders Winger **Shooter** Off-side Mid field **Supporters Corner kick** Corner Shot Linesman Net **Attackers**









