**SCHOOL OF HORTICULTURE, HAIRDRESSING & APPLIED THERAPIES**

**Level 3 Diploma in prevention and management of sports injuries**

**Understanding the active leisure and learning sector**

1. Analyse the size of the active leisure and learning sector. Describe the change in participation and employment rates and why these changes are occurring.

2. Explain the codes of practice involved with the health and fitness industry

3. Explain the economical and social benefits of the active leisure industry

4. Identify the skills and qualifications needed to progress in the active leisure industry. Describe the organisations that are responsible for regulating the fitness industry.

5. Describe the main job roles and career pathways in the fitness industry, and explain how the qualifications and skills gained can be used in different industries