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| **SCHOOL OF HEALTH SOCIAL AND CHILCARE- CAROLYN PALMER – PHYSICAL ACTIVITIES**  |
| **COURSE: BTEC NAT DIP CCLD** |
| **WEEKS** | **TOPICS** | **CONTENT** | **TEACHING & LEARNING ACTIVITIES** | **RESOURCES** | **ASSESSMENT** |
| 13/9 | Induction |  |  |  |  |
| 210/9 | Skeletal system | Preparation for group presentations on Body systems for Assignment 1. | Exposition, discussion, Q&A, Independent workR1/ R3/ R4,/W1,/W3/W4W6/W7 | Books, Internet | Assignment 1 |
|  |  |  |  |  |  |
| 317/9 | Muscular system | As above |  |  |  |
| 424/9 | Circulatory system | As above |  |  |  |
| 51/10 | Circulatory system | As above |  |  |  |
| 68/10 | Respiratory system | As above |  |  |  |
| 715/10 | Nervous system | As above |  |  |  |
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| 822/10 | Presentations | Every group presents their Body system to the class. The class must take notes to show understanding. | Task, Q&A, discussionR3/ W1/W4/W6/W7SL3/SL2/SL1/SL5/SL6 | PowerPoint | Assignment 1for EV |
| 95/11 | Assignment 1 in.The importance of healthy food | Presentation on importance of food to ensure a healthy diet for children. | Exposition, discussion, Q&A, task.R3/W4/W7/SL1/SL2/SL5 | PowerPoint | Completion of task in file. |
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| 1012/11 | The Importance of PE | Why children must exercise. | Explanation, discussionR3/W3/W5/W7SL1 /SL2/SL5/SL6 | PowerPoint | Completion of task in file. |
| 1119/11 | Assignment 1 back.Physical Activities in the Foundation phase | Foundation Phase documentation and guide lines. | Exposition, Q&A, discussionR1/R3/W1/W4/W7/SL1/SL2SL5/SL6 | PowerPoint | Completion of task in file. Assignment 1 for EV |
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| 1226/11 | Investigate the effects of exercise on your breathing rate | Various physical activities carried out in class. Pulse rate measured after each one. | Practical work, Q&A, discussionR3/W1/W6/W7/SL1/SL2/SL6N1/N2/R6/H1 | PowerPoint, paper, pen | Completion of task |
| 133/1214&1510/1217/12167/1 | Adapting activities for children with special needsCatch up weeks or placement, if required Circle games for young children | Why there has to be inclusionExamples shown, then students take the class and teach others | Exposition, discussion, Q&A taskR3/W1/W7/SL1/SL2/SL5/SL5Practical work, Q&A, exposition, discussion  | PowerPoint,Paper, PenPaper, pen | Assignment3Assignment 3 |
| 1714/1 | Ball games for young children | Examples shown, then students take the class and teach others. | R3/ W1/ W3/ W5/ W7/SL1/SL2/ SL3/ SL5Practical work, Q&A, exposition, discussionR3/W1/W3/W5/W7/SL1/SL2SL3/SL5 | Paper, pen, balls | Assignment 3 |
| 1821/1 | Dance for young children | Examples shown, then students teach others in groups | Practical work, Q&A, exposition, discussionR3/W1/W3/W5/W7/SL1/SL2Sl3/Sl5 | Paper pen | Assignment 3 |
| 1928/1 | Assignment 3 | Discussion on what to do and activities to complete by May half term. Workshop. | Exposition, discussion, Q&AR1/R2/R3/W1/W3/W4/W5/W6/W7 | Textbooks Internet | Assignment 3 |
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| 204/2 | Outdoor play | Value of playing in open air and Forest schools. | Exposition, discussion, Q&AR1/R2/R3/W1/W3/W5/W6/W7 | Paper, pen | Completion of task |
| 2118/22225/2**23**4/32411/325/2618/3-25/32715/42822/429-3329/4-3/6 | Assignment 2 outTeaching basic skillsSmall equipmentPlayground equipmentAssignment 2 back. Workshop on activities and Assignment 3.Safe practiceActivity performance.Completion of assignments, referrals, and upgrades. | Discussion on what to do and date to be handed in. workshop.The importance of it and how to do itWhat type, what can we do with it?Plan a yard for young children to play in.Support students to complete tasks/Factors that must be considered.Work in groups, using equipment, to show what must be done regarding safe practice.Final grades | Exposition, discussion, Q&AR1/R2/R3/W1/W3/W4/W5/W6W7Areas discussed, spilt up contents and put in correct place. R1/R2/R3/W1/W3/W4/W6/W7SL1/SL2Make own booklet for childrenR1/W2/W4/W5/SL1/SL2Individual work.R1/R4/W1/W3w4/W7/SL1/SL2Q&A, exposition, discussionR1/R2/R3/W1/W3/W4/W5/W6/W7/SL1/SL2Exposition, Q&A, taskR1/R2/W1/W2/W4/W7/SL1/SL2Discussion, group work, Q&AW4/W5/W6/W7/SL1/SL2/ SL5 | Textbooks, internetBooklet, worksheetsWorksheet, card, booksComputer, internetTextbooks, internet, libraryNotes, books,PowerPointSmall PE equipment | Assignment 2Completion of task for file.Completion of taskCompletion of task.Assignment 2 &3Assignment 3Assignment 3SRFs |
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