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| **SCHOOL OF HEALTH SOCIAL AND CHILCARE- CAROLYN PALMER – PHYSICAL ACTIVITIES** | | | | | |
| **COURSE: BTEC NAT DIP CCLD** | | | | | |
| **WEEKS** | **TOPICS** | **CONTENT** | **TEACHING & LEARNING ACTIVITIES** | **RESOURCES** | **ASSESSMENT** |
| 1  3/9 | Induction |  |  |  |  |
| 2  10/9 | Skeletal system | Preparation for group presentations on Body systems for Assignment 1. | Exposition, discussion, Q&A, Independent work  R1/ R3/ R4,/W1,/W3/W4  W6/W7 | Books, Internet | Assignment 1 |
|  |  |  |  |  |  |
| 3  17/9 | Muscular system | As above |  |  |  |
| 4  24/9 | Circulatory system | As above |  |  |  |
| 5  1/10 | Circulatory system | As above |  |  |  |
| 6  8/10 | Respiratory system | As above |  |  |  |
| 7  15/10 | Nervous system | As above |  |  |  |
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| 8  22/10 | Presentations | Every group presents their Body system to the class. The class must take notes to show understanding. | Task, Q&A, discussion  R3/ W1/W4/W6/W7  SL3/SL2/SL1/SL5/SL6 | PowerPoint | Assignment 1  for EV |
| 9  5/11 | Assignment 1 in.  The importance of healthy food | Presentation on importance of food to ensure a healthy diet for children. | Exposition, discussion, Q&A, task.  R3/W4/W7/SL1/SL2/SL5 | PowerPoint | Completion of task in file. |
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| 10  12/11 | The Importance of PE | Why children must exercise. | Explanation, discussion  R3/W3/W5/W7  SL1 /SL2/SL5/SL6 | PowerPoint | Completion of task in file. |
| 11  19/11 | Assignment 1 back.  Physical Activities in the Foundation phase | Foundation Phase documentation and guide lines. | Exposition, Q&A, discussion  R1/R3/W1/W4/W7/SL1/SL2  SL5/SL6 | PowerPoint | Completion of task in file. Assignment 1 for EV |
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| 12  26/11 | Investigate the effects of exercise on your breathing rate | Various physical activities carried out in class. Pulse rate measured after each one. | Practical work, Q&A, discussion  R3/W1/W6/W7/SL1/SL2/SL6  N1/N2/R6/H1 | PowerPoint, paper, pen | Completion of task |
| 13  3/12  14&15  10/12  17/12  16  7/1 | Adapting activities for children with special needs  Catch up weeks or placement, if required  Circle games for young children | Why there has to be inclusion  Examples shown, then students take the class and teach others | Exposition, discussion, Q&A task  R3/W1/W7/SL1/SL2/SL5/SL5  Practical work, Q&A, exposition, discussion | PowerPoint,  Paper, Pen  Paper, pen | Assignment3  Assignment 3 |
| 17  14/1 | Ball games for young children | Examples shown, then students take the class and teach others. | R3/ W1/ W3/ W5/ W7/SL1/SL2/ SL3/ SL5  Practical work, Q&A, exposition, discussion  R3/W1/W3/W5/W7/SL1/SL2  SL3/SL5 | Paper, pen, balls | Assignment 3 |
| 18  21/1 | Dance for young children | Examples shown, then students teach others in groups | Practical work, Q&A, exposition, discussion  R3/W1/W3/W5/W7/SL1/SL2  Sl3/Sl5 | Paper pen | Assignment 3 |
| 19  28/1 | Assignment 3 | Discussion on what to do and activities to complete by May half term. Workshop. | Exposition, discussion, Q&A  R1/R2/R3/W1/W3/W4/W5/  W6/W7 | Textbooks Internet | Assignment 3 |
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| 20  4/2 | Outdoor play | Value of playing in open air and Forest schools. | Exposition, discussion, Q&A  R1/R2/R3/W1/W3/W5/W6/W7 | Paper, pen | Completion of task |
| 21  18/2  22  25/2  **23**  4/3  24  11/3  25/26  18/3-25/3  27  15/4  28  22/4  29-33  29/4-  3/6 | Assignment 2 out  Teaching basic skills  Small equipment  Playground equipment  Assignment 2 back. Workshop on activities and  Assignment 3.  Safe practice  Activity performance.  Completion of assignments, referrals, and upgrades. | Discussion on what to do and date to be handed in. workshop.  The importance of it and how to do it  What type, what can we do with it?  Plan a yard for young children to play in.  Support students to complete tasks/  Factors that must be considered.  Work in groups, using equipment, to show what must be done regarding safe practice.  Final grades | Exposition, discussion, Q&A  R1/R2/R3/W1/W3/W4/W5/W6  W7  Areas discussed, spilt up contents and put in correct place. R1/R2/R3/W1/W3/W4/W6/W7  SL1/SL2  Make own booklet for children  R1/W2/W4/W5/SL1/SL2  Individual work.  R1/R4/W1/W3w4/W7/SL1/SL2  Q&A, exposition, discussion  R1/R2/R3/W1/W3/W4/W5/W6/  W7/SL1/SL2  Exposition, Q&A, task  R1/R2/W1/W2/W4/W7/SL1/SL2  Discussion, group work, Q&A  W4/W5/W6/W7/SL1/SL2/ SL5 | Textbooks, internet  Booklet, worksheets  Worksheet, card, books  Computer, internet  Textbooks, internet, library  Notes, books,  PowerPoint  Small PE equipment | Assignment 2  Completion of task for file.  Completion of task  Completion of task.  Assignment 2 &3  Assignment 3  Assignment 3  SRFs |
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